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**STEROID INJECTION**

The doctor may wish to inject a steroid into the joint space, or tendon, or muscle. The purpose of the steroid is to speed healing and decrease inflammation in the joint.

As with any procedure, bleeding, infection, swelling, blood clots, allergic reaction to anesthetic, failure to heal, increased pain, skin discoloration, loss of fat, and other rare complications can occur. The steroid effect could elevate the blood sugar for a short period of time.

Other alternatives to this procedure will be discussed with you by your physician. However, it is felt that this procedure described herein, may carry the lowest risk of complications and may be the most desirable way of approaching your problem with the greatest chance of success.

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**Patient/Guardian's Signature**

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**Witness**